FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Per Bhatt Nailesh	2. Issuer Name <b>and</b> Ticker or Trading Symbol Sonnet BioTherapeutics Holdings, Inc. [SONN]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) 			
(Last) (First) 100 OVERLOOK CENTER, S	3. Date of Earliest Transaction (Month/Day/Year) 07/02/2020									
(Street) PRINCETON,, NJ 08540	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if	Code (A (Instr. 8) (I (Ii		4. Securities Acquin (A) or Disposed of (D) (Instr. 3, 4 and 5) Amount (D) Pri		of )	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Beneficial Ownership
Common Stock	07/02/2020		А		8,005 (1)	А	\$ 0	13,333	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

( <i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transaction Code (Instr. 8)		5. Number		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial
					(Instr. 3, 4, and 5)							(Instr. 4)	(Instr. 4)		
				Code	v	(A)		Date Exercisable	Expiration Date	I itle	Amount or Number of Shares				

## **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Bhatt Nailesh 100 OVERLOOK CENTER, SUITE 102 PRINCETON,, NJ 08540	Х							

## Signatures

/s/ John Harry Cross III, power of attorney

\*\*Signature of Reporting Person

07/02/2020	)
Date	

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On July 2, 2020, the Reporting Person was granted 8,005 restricted stock units, which will be settled in shares of common stock, par value \$0.0001. The restricted stock units vest as to 50% of the restricted stock units on April 2, 2021 and 50% of the restricted stock units on April 2, 2022.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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